



The Roar of the Lion

Marisa Rubé, editor
April 2015

Dear Brothers and Sisters,

Buona Pasqua! Spring has finally arrived! I hope so! Spring signals a time of renewal, re-birth and new friendships.

With the spring season upon us, we have a new board with new ideas, new thoughts and renewed energy. We are looking forward to a fantastic new year together.

We start the new board term with the Cibi dinner being held at the Eyer building in East Rochester, on Sunday, May 3. As always, dinner will be prepared by Sister Rosita Caridi-Miller. This year, Sister Rosita will be featuring cuisine from the beautiful region of Naples. It promises to be an exciting event and I hope to see you all there.

Don't forget The Grand Lodge convention is in May. If you are interested in attending, let me know. The application deadline to attend is May 8.

I want to wish everybody a Happy Easter. This is a time to spend with family and friends and to renew the new season of new beginnings.

Peace fraternally,

President Vince

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Vincent Lombardi Lodge 2015-2017 Council

Back Row: Ross Cottone, Tom Meleca, Sandy Meleca, Marisa Rubé, Matthew Grosodonia

Middle Row: Vince Giannantonio, Pat Galante, Bonnie Cottone, Louis DeCarolis, Ed Groszewski

Front Row: Joe Rubé, Tony Palucci, Lou DiFilippo, Marjorie Focarazzo, Nancy Rubé

Missing from Picture: Kitty DiNicola

VINCENT LOMBARDI LODGE EVENTS

STATE AND NATIONAL OSIA EVENTS

GRAND LODGE \$100 RAFFLE FOR A
CHANCE TO WIN \$20,000!

APRIL 7TH @ 7PM:
COOLEY'S ANEMIA DINE AROUND
TO SUPPORT THE COOLEY'S
ANEMIA FOUNDATION.
WESTBURY, NY

APRIL 24TH @ 7PM:
33RD ANNIVERSARY GOLDEN LION
DINNER
GARDEN CITY, NY

APRIL 26TH @ 9:30AM
NY OSIA BOWLING TOURNAMENT
FARMINGDALE, NY

MAY 16TH @ 8:30AM
18TH ANNUAL NY GRAND LODGE
FOUNDATION WALK FOR A CURE
EAST MEADOW, NY

MAY 17TH @ 9AM:
TRIBUTE BREAKFAST TO FIRST
LADY JOAN RONDINELLI
LONG ISLAND, NY

MAY 21ST @ 6PM:
27TH ANNUAL NATIONAL
EDUCATION AND LEADERSHIP
AWARDS GALA
WASHINGTON D.C.

**April 2nd @ 7pm: Council
Meeting**, Eyer Building (317
Main Street, East Rochester)

**April 9th @ 7pm: General
Assembly Meeting**, Eyer
Building (317 Main Street,
East Rochester)

**April 30th: Deadline for
Essay Contest
submissions**

**May 3rd: Italian Regional
Dinner, 4pm:** Eyer Building
(317 Main Street, East
Rochester)

**May 7th @ 7pm: Council
Meeting**, Eyer Building (317
Main Street, East Rochester)

**May 14th @ 7pm: General
Assembly Meeting**, Eyer
Building (317 Main Street,
East Rochester)

**May 28th –May 31st: OSIA
NYS Grand Lodge
Convention:** Villa Roma Re-
sort (Catskills, NY)



04/01 Ted DeSoto	04/19 Rufus Brey
04/09 Matthew Grosodonia	04/25 Antonio Galvano
04/10 Angela Amato	04/26 Peter Maddalena
04/13 James Vacanti	04/29 Sunni Povero
04/14 Bonnie Cottone	



...Sister Marjorie Focarazzo, recovering from surgery.

...Brother Joe Rubé, recovering from surgery.



...Brother Richard Gigliotti, initiated at our March
General Assembly Meeting.

MEMBERSHIP

(Committee Chairperson: Br. Tom Meleca)

May is an open General Assembly meeting with new member initiation ceremony. So far we have two new members scheduled to be initiated that night. Please consider bringing any family or friends to the meeting who may be interested in becoming a member. This is a great opportunity to acquaint others with our lodge.

SCHOLARSHIPS

(Committee Chairperson: Sr. Sandy Meleca)

The deadline for scholarship applications, essays, transcripts and other documents was March 31st. The scholarship committee will meet to review applications, and then interview the finalists before making decisions on award recipients. Scholarship winners will be presented with their awards at our August General Assembly Meeting.

ESSAYS

(Committee Chairperson: Sr. Marjorie Focarazzo)

We are still collecting essay submissions. If you know someone who is interested in submitting an essay, please contact Sr. Marjorie at mafocarazzo@gmail.com.

INFORMATION TECHNOLOGY

(Committee Chairperson: Louis DeCarolus)

Our IT committee has been working to update our lodge website over the past several months. Please take a moment to visit the site, and while you're there, sign our guestbook! If you have ideas on how to make our site better, don't hesitate to let us know. We continue to look for more ways to draw folks to our site to learn about our lodge.
www.sonsofitalyrochester.com

Also, be sure to "like" us on Facebook:

www.facebook.com/OSIAVincentLombardiLodge

General Laws of the Order: Defaults, Cancellations and Resignations (from ART. 10)

A member is considered in arrears when such member has not paid the current dues, fines, and assessments to the Local Lodge and is in DEFAULT when in arrears for a period of three consecutive months.

The consequences of being in arrears are:

- a) Loss of Bereavement Fund Benefits.
- b) Loss of privilege of the floor and of the right to vote.
- c) Loss of the right to run for or hold office, if an officer.

The consequences of DEFAULT are:

- a) Loss of Bereavement Fund benefits
- b) Shall be stricken from the rolls of membership if by the first day of the 4th month does not remove the cause of such default.

The Financial Secretary shall notify the member who is in default by mail at least 15 days prior to the date of the meeting in which such defaulting member may be declared stricken from the roll of the Local Lodge.

Reinstatement may be applied for with pre-payment of one year's dues. The member, if approved, may be reinstated and need not be re initiated and will acquire all rights and privileges extended other members after readmission.

Lodge Council Members Duties and Responsibilities

FINANCIAL SECRETARY

Source = ART. 27 of General Laws

The Financial Secretary is the collector and accountant of the Lodge. Duties are but not limited to:

- a) To collect dues and assessments.
- b) To write orders of payment.
- c) To present orders of payment to the Treasurer, who issues checks, which checks the Financial Secretary presents to the parties to whom they are payable.
- d) To make up and keep up to date financial records, particularly those entrusted to the Financial Secretary by the Grand Lodge or Supreme Lodge. Those financial records are: The ledger, financial statements, Orders of payments.
- e) To notify by mail those members who are in default with the payments of dues and assessments
- f) To announce members in default with the payment of dues and assessments to the assembly.
- g) To communicate to assembly the total collections and disbursements made as of that meeting.
- h) To make available to the Trustees the Financial Reports, Ledgers and Statements each Quarter.
- i) To make payment of the per Capita Tax, computed on the basis of the number of members listed on the membership roll at the end of each quarter, which payment shall be made without the need for deliberation on the part of the assembly, not later than 1/15, 4/15, 7/15, and 10/15 of each year.
- j) To carry out all orders which the Financial Secretary may receive, in matters affecting the office, from the President and from higher ranking officers of the Order.

COMMISSION FOR SOCIAL JUSTICE

(District 8 Liaison: Br. Joe Rubé)

As the District 8 CSJ (Commission for Social Justice) I would like to take this opportunity to explain the structure and workings of the Commission.

As members of the Order Sons of Italy in America, we are all considered members of the CSJ. At the State level, the Commission Chair is Lou Gallo, who presides over a committee made up of the State/CSJ President, Treasurer, Financial Sec, Legal Counsel, 14 Executive Committee members (including recently appointed Silvano Orsi from our Lodge), and the Liaison from each of the 8 Districts.

Representing District 8 (Rochester & Geneva) as Chair is myself. Each of the Lodges also has a Local Lodge Liaison – Matthew Grosodonia (VLL2270), Steve Muzzi (Geneva Men's), and Sandy Shading (GAIL Lodge).

The NY Commission for Social Justice is the anti-defamation arm of the NY Grand Lodge, OSIA. It is organized specifically to engage in the work of combating defamation of Italian Americans and others. Its two primary goals are:

- 1) To fight bias, bigotry, and defamation aimed at Italian Americans as well as other groups.
- 2) To promote a positive image of Americans of Italian heritage.

Our members are instrumental in recognizing in our own communities when there are issues that might require intervention by the CSJ organization. Examples recently brought to our attention are racial slurs by radio personalities, shows and movies that are clearly negative stereotyping of Italians and Italian Americans, etc. If you have noted an issue that you would like reported to the CSJ, the process for getting them involved is simple. Contact one of our CSJ Liaisons and provide as much information and supporting documentation as possible to be reviewed by our State CSJ Executive committee. The CSJ Chair will review the issue and supporting documentation and make a decision on whether the complaint is worthy of its support, and a plan to counter will be formulated.

The CSJ is sponsoring our current Essay Contest for Middle Schoolers, and supports our efforts to assure Italian Language Courses remain in our schools' curriculum.

For more information do not hesitate to contact me, Dr. Joe Rubé (State District 8 CSJ Chair) by email - bolognadoc@aol.com – mail at 71 Cohasset Dr, Rochester, NY 14618, or phone at 585 461 1181. As Lou Gallo says – “Sempre Avanti”

2015 Italian Regional Dinner - Naples

The 2015 annual Italian regional dinner celebrates the foods of Naples and the Campania region. Americans can thank Naples for the dishes we enjoy as famous Italian-American foods: pizza, dried pasta, Spaghetti all Puttanesca or with clam sauce, eggplant parmesan, meatballs, zeppole and many Italian pastries.

Rich in historical, artistic and cultural traditions, Naples offers a distinct cuisine, influenced by the Arabs, Normans, Spaniards and French that ruled the area at one point or another. It was Naples that produced the first commercially available dried pasta and where flattened flour cakes, the forerunner of pizzas, were made out of wheat flour, olive oil, lard and herbs and garnished with cheese. The earliest use of tomatoes in Italian cuisine was documented in a Neapolitan cookbook in the late 1600s.

Neapolitan dishes take advantage of the fresh ingredients abundant in the Campania region of Italy. The region's sunny weather and fertile soil, rich with volcanic ash deposited after eruptions of nearby Mount Vesuvius, yield the exquisite flavors of its native fruits and vegetables, like San Marzano tomatoes, artichokes, eggplant, zucchini, peppers, lemons, figs, apricots, peaches, pears, grapes, almonds, hazelnuts, olives, capers, oregano. Like many other areas

With a scenic coastline along the Tyrrhenian Sea, Naples produces a rich array of seafood, large and small, including vongole (clams), cozze (mussels), shrimp, octopus, calamari (squid), scondigli (large snails), anchovies, sardines, cod and tuna, just to name a few. Simply grilled, poached or fried, dressed with drizzle of fresh lemon and a sprinkling of parsley, Naples' daily catch makes mouthwatering plates.

While the Napolitano consume mostly seafood on a daily basis, Naples also boasts succulent preparations of meat. Among the most famous dishes are meatballs (an Italian-American classic), chicken or rabbit alla cacciatora, roasted lamb or goat with peas and potatoes, pork sausages and braciola (stuffed pork rolls) or pork liver topped with bay leaf and encased in a net of pork fat, beef steak (bistecca) or other meat (carne) slow cooked with tomatoes and known as Bistecca or Carne Pizzaiola.

Finally, desserts of the region focus on citrus and pastry. Well known Neapolitan deserts include Sfogliatelle (paper-thin layers of pastry formed into clam-shaped pockets filled with creamy ricotta cheese and bits of candied citrus), zeppole (fried dough cakes) and stuffoli (little balls of crisp deep fried dough, drizzled with honey and decorated with candy sprinkles, cinnamon-sugar or bits of orange rind).

References:

<http://www.italianbellavita.com/2012/10/the-traditional-food-of-naples-italy/>

<http://jovinacooksitalian.com/2012/12/05/the-cuisine-of-italy-naples/>

Here's what Sr. Rosita will be cooking up for us:

Pizza Margherita
Caprese Salad
Salami & Olives
Spaghetti con Vongole
Bistecca alla Pizzaiola
Parmigiana di Melanzane
Insalata Verde
Italian Pastries

Please see the flyer and menu that accompanies your newsletter for more detailed information.

DOUG FLUTIE JR. FOUNDATION FOR AUTISM

The goal of the Flutie Foundation is to help families affected by autism live life to the fullest.

Through our programs and partnerships, we help people with autism get access to care; lead more active lifestyles; and grow toward adult independence.

The Doug Flutie, Jr. Foundation for Autism was established by NFL quarterback Doug Flutie and his wife, Laurie, in honor of their son, Doug, Jr. who was diagnosed with autism at the age of three. Doug and Laurie are fortunate to have the resources to provide their son with the educational opportunities, special equipment and tools necessary for Doug, Jr. to live a happy and rewarding life. They realize, however, that there are thousands of families of children with autism who struggle every day to pay for similar services. Their primary objective is to provide families with a place to turn when they are in need of support and autism resources.

Doug and Laurie first began raising funds for autism in 1998 through a donor advised fund, under the management of the Giving Back Fund. In 2000, they established the Doug Flutie, Jr. Foundation for Autism, Inc. as an independent foundation to continue this work. Since 1998, the Fluties have helped raise close to 17 million dollars for autism through corporate and individual donations, fundraisers, endorsement promotions featuring Doug and Doug Jr. as well as sales of Flutie Flakes and other related items.

The Foundation awards grants on an annual basis to nonprofit organizations that provide direct services, family support grants, education, advocacy and recreational opportunities for individuals with autism. To date, the Fluties have distributed over \$9 million for grants and programs in New England, New York, New Jersey, southern California, at the national level, and in Canada. The Foundation also provides family grants through our Joey's Fund program and iPad technology grants through our Allison Keller iPad Program.

NOTES AND OTHER HAPPENINGS

Br. Joe Capogreco is celebrating 48 years on the air! To honor this occasion, Italian Carousel and the Italian American Community Center are hosting a dinner concert with **Michéal Castaldo** in the IACC Grand Ballroom. This event is being held on Friday, April 10th at 7pm and the cost of tickets is \$45 per person. Tickets are available at Italian Carousel (585-943-5911 or 585-671-5044) and the Italian American Community Center (585-594-8882).



On Sunday, April 26th from 12pm-5pm, Angels of Mercy, Inc. is hosting their 8th Annual Pasta Dinner to benefit Dress a Girl of Rochester, Angels of Mercy, Inc. and Mercy Ministries of America. Tickets are \$10 per adult, \$5 per child 10 years old and under, and free for children under 3 years old. For more information call 730-4556 or contact Sr. Jen Gugino.



On Monday, May 11th from 12pm-6pm, Safe Harbors of the Finger Lakes, Inc. is hosting their 1st Annual Golf Tournament. For more information contact Sr. Marisa Rubé at 585-750-8336 or visit the Safe Harbors website at www.safeharborsfl.org.



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March Officer Installation Brunch



COKE REWARDS

We are still collecting bottle caps and rewards codes from all Coke products. The codes can be found inside the bottle caps or inside the cardboard boxes from canned drinks. We redeem these codes for points towards different items that we can use for raffles at lodge events. If you can't bring them to the next meeting, feel free to email the codes to Marisa at marisarube@gmail.com.

OSIA APPAREL

OSIA apparel will continue to be available to members. Please contact Brother Joe Rubé at 585-461-1181 if you are interested in ordering, or have any questions about this.

INK CARTRIDGES

Thank you to everyone who has brought us empty ink and toner cartridges this year! This year our donated rewards points continue to be used for supplies and printing at Staples, to help keep our administrative costs low. If you have any empties to donate, please bring them to the next lodge meeting or social event.

President

Vincent Giannantonio

First Vice-President

Sandra Meleca

Second Vice-President

Thomas Meleca

Recording Secretary

Marisa Rubé

Financial Secretary

Joseph Rubé, MD

Treasurer

Louis DeCarolus

Orator

Bonnie Cottone

Mistress of Ceremony

Nancy Rubé
Catherine DiNicola

Sentinel

Ross Cottone

Trustees

Edward Groszewski
Luigi DiFilippo
Matthew Grosodonia
Antonio Palucci
Marjorie Focarazzo

Immediate Past President

Joseph Rubé, MD

Chaplain

Patricia Galante

District VIII State

Trustee

Anthony DiCostanzo

Chaplain Emeritus

Sister Carole Proia

Lodge Deputy

Anthony Idoni

District VIII State Deputy

Joseph Rubé, MD

LODGE COMMUNICATIONS

All Vincent Lombardi Lodge communications should be sent to:

**President Vince Giannantonio
61 Sunset Street, Rochester, NY 14606
(585) 208-1578**

NEWSLETTER COMMUNICATIONS

I welcome any and all newsletter submissions. If you would like to submit anything (stories, traditions, poems, recipes, etc.), please mail or email them directly to me:

marisarube@gmail.com
4552 Wildflower Dr.,
Canandaigua, NY 14424

Please also feel free to call or email me with any member news, or corrections to past newsletters.